

A Royal taste of England...

MENU



A little about us

It all started with a love story. In 2016, musician Giorgio arrived in Bahrain for a summer contract. Within weeks, he met Reem, and sparks flew. Reem, a lifelong animal lover and equestrian with an acting career, shared Giorgio's passion for food and business. Together, they embarked on a culinary adventure, exploring every restaurant, cafe, and tea room they could find.

This shared passion blossomed into a dream: a unique English tea room offering classic dishes with a twist, alongside local favourites. They envisioned a beautiful space with exceptional service, creating a memorable and enjoyable experience for every guest.

Fast forward, and after nearly two years of tireless effort, The English Rose Tea Room came to life. Reem and Giorgio transformed an empty space in the heart of Adliya into something truly special. With the loving support of their parents, they built a stunning tea pot clock, many flowers arrangements, crafted menus, and even scoured antique shops in England for vintage crockery.

Their dedication extends to the menu. Reem and Giorgio personally develop all the dishes, infusing some local flavours with a twist for a delightful fusion. They also take pride in creating a stunning selection of 'Creative Cakes' alongside event catering services.

But The English Rose Tea Room is more than just a business.

Reem and Giorgio pour their hearts into every aspect.

They're often found in the kitchen, whipping up culinary delights for their guests. They even create, film, and star in their social media reels, making the tea room a truly personal love affair.

Thank you for joining us on this journey. We hope you enjoy your visit and contribute to making our dream a delicious reality.

Reem & Giorgio



Breakfast Tea For Two

Available all day



- Eggs Florentine Beetroot Hummus & Avocado Toast
- Caprese Avocado Toast with Scrambled Eggs & Tomato
 - French Toast Croissants with Butter & Jam

Any Tea,* Espresso, Americano, Cappuccino, or Latte *Excludes Chai Karak

Let the taste adventure begin

All prices are in BHD and exclusive of 10% VAT

All Day Breakfast Served Every Day: from 9.00 am



Full English Breakfast 6.5
With beef bacon, spicy sausage, fried eggs,
mushrooms, hash browns, baked beans and toast
Poached Eggs, Avocado & 4.1
Beetroot Hummus
Served on rye bread
French Toast 3.9
Served with fresh berries, maple syrup, our
signature cream and topped with flaked almonds
Croque Madame 4.9
Fried egg on melted Cheddar and bechamel sauce,
with smoked turkey, on brioche toast with home-made
hand-cut fries and a side salad
Breakfast Omelette 4.2
With cheese, beef sausages, hash browns, a side
salad and toast
Egg Galette 3.9
With mushroom, cheese and spinach in a fresh
home- made crepe, topped with a fried egg
Avocado Toast with Smoked Salmon5.9
Served on rye bread - a very healthy treat
Breakfast Croissant 3.9
Scrambled eggs with mushrooms and cheese
served with hash browns



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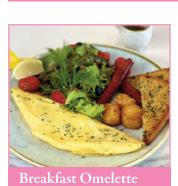
Full English Breakfast

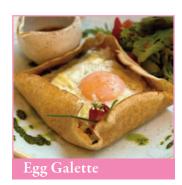


Poached Eggs, Avocado & Beetroot Hummus



Croque Madame









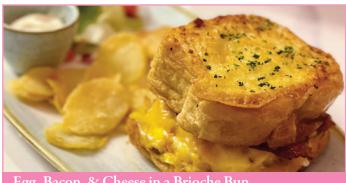
All Day Breakfast

Served Every Day: from 9.00 am

Falafel Bagel with Cheese 4.2 Served with tahina and side salad
Egg, Bacon, & Cheese in a Brioche Bun4.9 Served with fries and a side salad
Shakshuka Croissant with Cheese 3.9 Local breakfast with a twist
Mushroom Omelette with Bacon 4.9 Served with a side salad and toast
Fried Eggs with Beans 2.9 Luba with Bahraini spices served with bread basket
Hulk Roll - Let's go Green 3.2 Scrambled egg, spinach & cheese with baby potato bites
Eggs Florentine 4.9 Spinach & cherry tomatoes with baby spinachs

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Egg, Bacon, & Cheese in a Brioche Bun



A Freshly Made Crepe and Fruit with a choice of Chocolate or Caramel Topping

> Perfect for breakfast, lunch or with tea in the afternoon 3.5







Why not ADD A LITTLE EXTRA? Two Beef Bacon Rashers. Smoked Salmon... 2.0 Two Hash Browns... 1.0 Two slices Bread/Toast 0.5 One Spicy Breakfast Sausage 2.0 Mushrooms. .1.0

Two Eggs - Just how you like them.......1.0

Avocado.



2.0



All Day Breakfast

Served Every Day: from 9.00 am

Reem's Special Cheesy Chickpeas 3.9
Mushroom & spinach served with local breads
Eggs Benedict 4.9
With beef bacon on toasted brioche & baby potato bites
Pesto Royale 4.9
Poached eggs, smoked salmon, avocado
& pesto Hollandaise
Foolish Foul Medames - Fava Beans 3.2
Caprese Avocado Toast 3.5
with Scrambled Eggs
With cherry tomatoes, chilli flakes and basil,
served on rye bread
Halloumi & Avocado Croissant 4.2
With tomatoes, pesto and salad
Naughty Nutella French Toast 4.9
Served with fresh berries and our signature cream
Breakfast Burrito 5.2
Scrambled eggs, minced beef, avocado, cheese
and mushrooms served with our famous fries
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See our new 'Sweet Things' on the dessert page

SALAD & APPETISERS

Tower Salad 4.9 Avocado, feta cheese, tomato, orange, pomegranate, walnuts and dates



Cheesy Garlic Bread 3.8
With Cheddar and Mozzarella cheese



Shrimp Tempura 3.9

Deep fried shrimps, served on a bed of salad

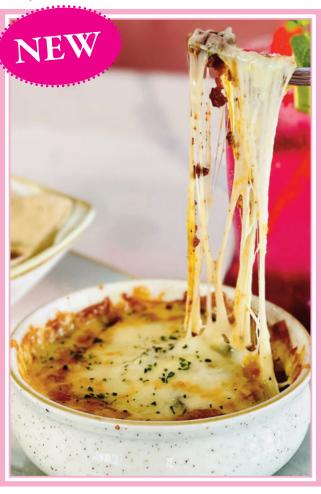
Why not add some hand-cut fries? 1.9



ANYTIME DISHES

Cheesy Aubergine Queema 4.2

Aubergines with minced beef, mixed vegetables topped with cheese, served with bread



Falafel Platter 3.5
Falafel served on a bed of salad with bread



All prices are in BHD and exclusive of $10\%\ VAT$

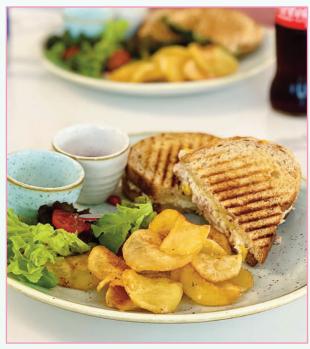
Toasties & Lanini's

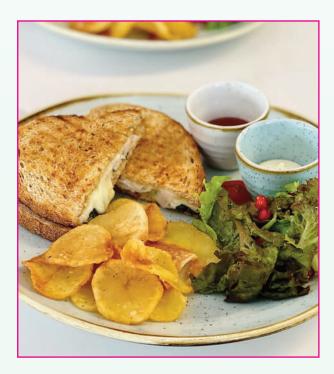
TOASTIES

Tuna Melt & Sweet Corn	3.
In wholemeal bread, with tuna, mayonnaise, swe	eet corn
and cheese, home-made potato fries and a green r	nixed

side salad







Cherry Tomatoes & Cheese In wholemeal bread, with pesto, fresh basil leaves and rocket, home-made potato fries and a green mixed side salad

TOASTED PANINI'S



Halloumi, Avocado & Pesto......3.9 In a home-baked panini of your choice, with sun-dried tomatoes, chef's special sauce, rocket leaves, home-made potato fries and a green mixed side salad

Crispy Chicken 3.9 In a home-baked panini of your choice, with cheese, fresh tomatoes, chef's special sauce, rocket leaves, home-made potato fries and a green mixed side salad

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PASTA		
Penne Pasta with Tomato & Cream Sauce3.5		
Penne pasta cooked in a creamy mixed sauce with		
vegetables served with garlic bread		
Add Chicken 1.5 Add Shrimps 2.0		



Tagliatelle 4.9
Carbonara
Cooked in a cream sauce
with beef bacon and
Parmesan cheese, served
with garlic bread



Home-Made Lasagne 4.5
Lean beef minced meat, cooked with garlic and tom
tomato then placed in layers with pasta, cheese, bechamel and tomato sauce, topped with cheese and
served with garlic bread



PIZZA

Margherita Pizza 3.5
Freshly baked pizza topped with tomato and mozzarella cheese

Pepperoni Pizza 3.9
Freshly baked pizza topped with tomato, mozzarella cheese and beef pepperoni, drizzled with garlic oil







Vegetable Pizza. 3.9 Freshly baked pizza topped with fresh tomatoes, mozzarella cheese, mushrooms, olives and peppers

Gan't Decide?...
...Why not have
them both?



MAIN COURSES

Loaded Cheesy Burger 6.9

Double beef burger with bacon, fried egg, ketchup, mustard mayonaisse, topped with cheese served with French fries



Chicken Sliders 3
Three home-made chicken sliders with Cheddar cheese, tomato, mushrooms and salad garnish





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Chicken Milanese 4.5

A marinated chicken breast, coated with breadcrumbs served with wild rocket salad and Parmesan shavings

Why not add some hand-cut fries? 1.9



Home-Made Beef Burger 4.9 with Cheese & Mushrooms in a Brioche Bun Served with French fries and dips





OUR FAMOUS & FAVOURITE ENGLISH FISH & CHIPS

Make it special with our Traditional English Afternoon Tea





Includes sandwiches, savouries, mini cakes, scones with home-made jam and cream, and tea

18BHD for two 23BHD for three

Perfect for your party, celebration or business event Enjoy in our Tea Room, our function room, at home, work or venue

Delightful Delicious Desserts

Inspired by Famous London Sights, Buildings & Locations



Pistachio Crunch 'Hyde Park'...4.5 Pistachio cake, crunchy chocolate, ice cream, topped with chocolate sauce



Rose 'Royal Albert'. Delicious rose cake with cream, ice cream cream and a mouthwatering rose sauce, surrounded by rose petals



Pistachio 'Gherkin'. Layers of pistachio cake, cream, ice cream pistachio sauce and pistachio nuts



Nutella 'Tate'. Layers of chocolate cake, cream, ice cream, Nutella sauce finished with hazelnuts



Saffron 'Big Ben'. Layers of saffron cake, cream, ice cream, saffron sauce finished with nuts and edible rose petals



Lotus 'St. Pauls' Lotus cake base with cream, ice cream, lotus sauce, lotus biscuit and chocolate balls



Red Velvet 'Double Decker' Layers of Red Velvet cake served with ice cream and hot pouring white chocolate sauce





Chocolate 'Shard' 4.5 Chocolate brownie served with hot pouring chocolate sauce and ice cream





Royal Albert Hall



Gherkin



Tate Modern



Big Ben



St Pauls



Double Decker



London Shard



Our Anytime Sweet Things

Enjoy them at breakfast, brunch, with tea in the afternoon or after a main course meal



French Toast 3.5 Served with fresh berries, maple syrup, our signature cream and topped with flaked almonds



Nutella Croissant 3.5 Croissant filled with Nutella and ice cream, topped with nuts and chocolate sauce



Naughty Nutella French Toast 4
Served with fresh berries and our signature cream



Strawberries & Cream Croissant 3.5
Croissant filled with cream, fresh strawberries and jam



A Freshly Made Crepe and Fruit with a choice of Chocolate or Caramel Topping

Perfect for breakfast, lunch or with tea in

the afternoon 3.5



CUP OF TEA & CHOCOLATE CHIP **COOKIE**



MONSTER CUP OF TEA WITH MASSIVE CHOCOLATE CHIP COOKIE....12BHD

See it on social media

(a) theenglishrosebh (b) englishrosebh



of theenglishrosebh

One person1.7	Sharing Pot2.

English Breakfast Tea

Fully flavoured and deeply satisfying blend made with bright African and multi Assam tea

Green Tea with Jasmine

Fine-grade jasmine flowers are sprinkled onto delicate green tea leaves in late spring infusing them with luscious floral notes

Decaffeinated Black Tea

Full and earthy-flavoured, organic Assam and Kenyan black tea, CO2 decaffeinated for a lighter cup

Lemon & Ginger

Blended with the flavour of fragrant, zesty lemon, with the warmth of spicy ginger root

Pure Mint

The clean, fresh taste of peppermint, is traditionally used to help aid digestion and clear your head

Chai Karak

Anise



ORGANIC TEAS

One person.......1.9 Sharing Pot......2.9

Earl Grey

Ceylon black tea from the misty mountains of Sri Lanka, infused with the tantalising aroma of bergamot

Chamomile & Lavender

A calming and relaxing, caffeine-free blend of organic chamomile and fragrant lavender

Super Berries

Naturally caffeine-free South African rooibos tea and hibiscus combined with the explosive, fruity flavours of real berries

Black Tea & Ginger with Peach

Aromatic Ceylon black tea beautifully balanced with the world's best Ceylon ginger and a sweet, fresh peach flavour

Rooibos, Acai & Pomegranate

Beetroot, Ginger & Curry Leaves

Pure Green Tea

Lemongrass, Citrus & Ginger

Pure White

Lemon, Ginger & Manuka Honey

ORGANIC SPECIALITY TEAS

One person 2.7 Sharing Pot 3.7

White Rose (White Tea & Fragrant Rosebuds)
Mate Lemon (Verba Mate, Lemon Myrtle & Green Tea)
Hibiscus with Rose, Cinnamon & Cloves
Tulsi with Liquorice, Turmeric & Ashwagandha
Turmeric with Camomile & Lemon Myrtle



Pure Matcha Green Tea

Our Japanese ceremonial grade Matcha direct from the farm, is high in antioxidants, will improve your mood and boost your metabolism and offers many health benefits, while aiding relaxation and alertness.

Espresso	2.3
Latte	2.7
Cappuccino	2.7
Frappucino	2.9



COFFEES

ADD AN EXTRA SINGLE SHOT	Á	NEW	2
Espresso	1.3	TREND	NOW Y
Double Espresso	1.5	FROMTHEUS	100
Cortado	1.5		1
Lungo	1.4	B	1
Americano	1.5		# S
V60 Drip Coffee	2.9		100
Brazil, Columbia, Ethiopia, Costa Rica, G			1 3 de
			450/1
		D I and an in the same I am day	2.2
	Contract of the Contract of th	Donuccino - The new trend from London Cappuccino in a Donut with Nutella	3.2
		Macchiato	1.5
		Mocha	
	1	Turkish Coffee	
		Arabic Coffee	2.9
		Hot Chocolate	2.3
Ot Ot		Hot Chocolate with	2.5
	AIR	Marshmallows & Cream	
	W. V.	French Coffee Original or Hazelnut	1.9
Flat White	2.1	The English 2.9 Rose Latte	-
Latte			1
Espresso con Panna (With Cream)		CHOICE	
Spanish Latte		Almond Milk or	
Cappuccino		Oat Milk	
	IS ACA		
	A STATE OF THE STA		

.2.9

2.9



Pistachio Iced Latte

Chocolate Iced Latte

COOL COFFEES

Affogato (Espresso Coffee with ice cream)	2.2
Tiramisu Affogato	3.3
Double Espresso Coffee with ice cream and savoian topped with cocoa powder	di fingers,

Frappé

Chocolate, Caramel or Matcha

2.9

COLD DRINKS

mojito

Iced Tea 2.3
Choose: Peach, Lemon or
Mixed Berries

Rose Earl Grey......2.9 with Matcha

MILK SHAKES

 Chocolate
 2.7

 Strawberry
 2.7

 Oreo
 2.7











O STATE OF THE PARTY OF THE PAR	
WATER	
Small Fiji Still Water1.4	
Large Fiji Still Water2.4	PLJ.
Small Sparkling Water1.6	40
Large Sparkling Water2.6	

SOFT DRINKS

Coca Cola	1.5
Coca Cola Light	1.5
Sprite	1.5
Fanta Orange	1.5
Fanta Strawberry	1.5

FRESH JUICES

Freshly made for you

Mango	2.7
Lemon & Mint	2.0
Strawberry	2.5
Orange	2.3
Carrot	2.0
Carrot & Honey	2.5
Apple, Carrot & Orange	2.5
Avocado	3.0



MORE FRESH JUICES
Freshly made for you

Coming Soon

All prices are in BHD and exclusive of 10% VAT



Play Games & Have Fun





with our selection of favourite games



Articulate
Backgammon
Battleships
Cards
Checkers
(Draughts)
Chess
Clue - Whodunit
Connect 4

Dominoes
Guess Who
Jenga
Jigsaw Puzzles
Monopoly
Scrabble
Snakes & Ladders
Top Trumps
Uno



when you spend
5BHD or more
per person



